

LONG TERM CARE SURVEY

SURVEY AREA	OBSERVATION	INTERVIEWING	RECORD REVIEW	EVALUATION FACTORS	CROSS REFERENCE
F79-83 (cont'd)	<ul style="list-style-type: none"> - How often are restrained residents observed by staff? - Observe effect on residents. Do you see what may be signs of over-medication? - How often is this observed? - Residents should be free from mental and physical abuse. - Observe interaction of staff and residents for any sign of harassment, humiliation or threats. - Do residents appear comfortable with staff? - Look for numbers of residents with bruises or other injuries (skin of the elderly bruises easily, so do not automatically assume abuse or injury). - Observe resident to resident interactions and staff response to any physical or mental abuse of one resident to another. 	<p>Ask Staff:</p> <ul style="list-style-type: none"> - What is the facility policy regarding restraints? - What is considered an "emergency" need for restraints? - What is the most common reason for use of restraints? - Do you try any alternative measures before using restraints? - What information do you give the physician to help him make the decision to order restraints? - What do you routinely do for the resident when you periodically release the restraints? - Does use of restraints increase on evenings or nights when there are fewer staff members? - Have you had any accidents or incidents in the last year while residents were restrained? - How do you define the difference between a "safety device" and a "restraint"? - How do your policies differ in regard to "safety devices" and restraints? 	<p>Who authorizes the use of restraints in an emergency?</p> <p>Do progress notes indicate that a professional staff member authorized the use of "emergency" restraints?</p> <p>There should be documentation that the use of "emergency" restraint has been promptly reported to the residents physician.</p> <p>Review incident and accident reports to identify any problematic trends.</p> <p>Does the drug regimen review indicate appropriate use of psychoactive drugs?</p> <p>Are there resident complaints documented?</p> <p>What is the resolution of these complaints?</p>	<p>The restraint must be applied correctly.</p> <p>If the use of restraints increased during evening and night hours review progress notes, nurses notes and staffing to make a determination as to whether the restraints are justified or if they are for staff convenience.</p> <p>Care plans should plan not only for care while the resident is restrained but should show effort to find alternative treatments to restraints, or there should be documentation in the medical record that no alternative is appropriate.</p> <p>An appropriate drug regimen reviews should be conducted on the resident.</p> <p>Your observations should show interaction between residents and staff to be, except in unusual situations, free from tension and hostility.</p> <p>Staff should step into situation where one resident may be abusing another.</p>	