

## LONG TERM CARE SURVEY

SURVEY AREA CROSS REFERENCE	OBSERVATION	INTERVIEWING	RECORD REVIEW	EVALUATION FACTORS	Physician Services 405.1123 442.346  Medical Records 405.1132 442.318  Nursing Services 405.1124(e)(f)  Specialized Rehabilitative Services 405.1126  Patient Care Management 405.1124(d)
DIETETIC SERVICES (Condition of Participation)  F193 SNF (405.1125)	<ul style="list-style-type: none"> <li>o Specific Observations which might be indicative of possible nutrition problems:               <ul style="list-style-type: none"> <li>Clinical                   <ul style="list-style-type: none"> <li>- underweight/overweight</li> <li>- dehydration</li> <li>- edema</li> <li>- cracked lips</li> <li>- pallor</li> <li>- dull or dry hair</li> <li>- swollen or red tongue</li> <li>- bleeding gums</li> <li>- decubitus ulcers</li> <li>- infections</li> </ul> </li> <li>o Physiologic factors which may affect intake:                   <ul style="list-style-type: none"> <li>- Swallowing difficulties</li> <li>- Vomiting</li> <li>- Food intolerance</li> <li>- Poor dentition</li> <li>- Sore mouth</li> <li>- Constipation</li> <li>- Diarrhea</li> <li>- Inability to feed</li> <li>- Decreased visual and olfactory acuity</li> <li>- Unable to communicate</li> <li>- Loss of appetite</li> </ul> </li> </ul> </li> </ul>	<p>Ask dietary manager to explain the procedure for making substitutions and recording the changes.</p> <ul style="list-style-type: none"> <li>- Is menu usually followed?</li> </ul> <p><b>Ask Resident:</b></p> <ol style="list-style-type: none"> <li>1. How are your meals?</li> <li>2. Are there foods you are not allowed to have?</li> <li>3. Are you on a special diet?</li> <li>4. Do you receive foods that are not appropriate for your diet? If so, what do you and the staff do about that?</li> <li>5. What time do you receive breakfast, lunch and supper? Do you always receive a meal at mealtime? If not, why? What happens then?</li> <li>6. Do you like the taste of the food?</li> <li>7. Is the temperature appropriate (i.e., milk chilled, coffee hot, etc.)?</li> <li>8. Do you get enough to eat? What do you do if you're still hungry after a meal?</li> </ol>	<p><b>Review Nutrition assessment for the following documentation:</b></p> <ul style="list-style-type: none"> <li>o Usual/ideal body weight/height</li> <li>o Dietary allergies/sensitivities, ability to chew and swallow</li> <li>o regular foods without difficulty.</li> <li>o Full or partial dentures</li> <li>o Mental and emotional condition</li> <li>o Physical appearance, skin condition</li> <li>o Appetite and food preference.</li> <li>o Vitamin and mineral supplements.</li> <li>o Food and fluid intake in measurable terms and frequency of meals.</li> <li>o Degree of assistance needed in eating, related mobility, vision, or other identified problems.</li> <li>o Medications (e.g., diuretics, insulin, antibiotics, etc.)</li> <li>o Related laboratory findings (e.g., fasting blood sugar, cholesterol, sodium, potassium, hemoglobin, BUN, serum albumin, transferrin or creatinine-height index if available).</li> </ul>	<ul style="list-style-type: none"> <li>o Were physician diet orders followed?</li> <li>o Did nursing plan for feeding and assistance at mealtime?</li> <li>o Is there rehabilitative use of assistive devices, if appropriate?</li> <li>o Is modification of consistency of meals made if resident has a problem or change in condition?</li> <li>o Are between meal and bedtime snacks provided as needed?</li> <li>o Is socialization at meals provided?</li> <li>o Has dietitian provided counseling of resident and family as needed (related to diet)?</li> <li>o Usual body weight is maintained/supported?</li> <li>o Is there evidence that the plan is being carried out (e.g., documentation in the resident's chart, observation by the surveyor, and resident/staff interviews)? If the resident refuses meals or does not respond to intervention, the notes in the chart should indicate efforts to intervene or provide counseling.</li> </ul>	
A. Menu and Nutritional Adequacy  F194 SNF (405.1125(b))  F194 ICF 442.332(a)(1)					
F196 Menus are planned and followed to meet the nutritional needs of each resident in accordance with physicians' orders and, to the extent medically possible, based on the recommended dietary allowances of the Food and Nutrition Board of the National Research Council, National Academy of Sciences.					