

LONG TERM CARE SURVEY

SURVEY AREA	OBSERVATION	INTERVIEWING	RECORD REVIEW	EVALUATION FACTORS	CROSS REFERENCE
F196 (cont'd)	<p>FATS AND SHEETS (to increase caloric intake)</p> <p>IODIZED SALT (unless contraindicated)</p> <p>Adequate fiber in diet</p>		<p>o Documentation of decision to withdraw or begin artificial feeding and hydration.</p> <p>Check menus for variety</p> <p>Are they specific (i.e., states kinds of fruit, juice, vegetable)?</p> <p>DIETARY SERVICES SELECTED NUTRITIONAL REQUIREMENT RECORD REVIEW</p> <p>N.B. The basal energy expenditure (BEE) and calorie requirement using Harris-Benedict formula recognizes the variation in energy needs for individuals.</p> <p>1. Anthropometry- Weight /Height</p> <p>NOTE: The following sample formulas and guidelines are not the only acceptable guides available. The surveyor should ask to use the assessment guidelines used by the facility before using the ones provided here.</p> <p>o Important indicator of nutritional outcomes.</p> <p>o Disease state can have adverse effect on desired body weight.</p>		