

LONG TERM CARE SURVEY

SURVEY AREA	OBSERVATION	INTERVIEWING	RECORD REVIEW	EVALUATION FACTORS	CROSS REFERENCE
F196 (cont'd)			<p>2. <u>Weight for Height Calculation</u></p> <p>Females:</p> <p>Allow 100 lbs. for first 5 ft. of height plus 5 lbs. for each additional inch</p> <p>Males:</p> <p>Allow 106 lbs. for first 5 ft. of height plus 6 lbs. for each additional inch</p> <p><u>Estimating Caloric Needs</u></p> <p>1. FORMULA: Harris-Benedict Equation</p> <p>Men: $66 + (13.7 \times \text{Wt. in Kg}) + (5 \times \text{Ht. in cm})$</p> <p>– $(6.8 \times \text{Age}) = \text{BEE}$</p> <p>Women: $65.5 + 9.6 \times \text{Wt. in Kg.} + (1.7 \times \text{Ht. in cm})$</p> <p>– $(4.7 \times \text{Age}) = \text{BEE}$</p> <p>Parenteral Anabolic: 1.75 x BEE</p> <p>Oral Anabolic: 1.5 x BEE (Kcals)</p>		