

LONG TERM CARE SURVEY

SURVEY AREA	OBSERVATION	INTERVIEWING	RECORD REVIEW	EVALUATION FACTORS	CROSS REFERENCE
F196 (cont'd)			<p>Oral Maintenance: 1.20 x BEE (Kcals)</p> <p><u>Metric Conversions</u> (Approx)</p> <p>pounds (lb.) x 0.45 = kilograms (Kg)</p> <p>inches (in.) x 2.5 = centimeters (cm)</p> <p><u>Estimating Protein Needs</u></p> <ol style="list-style-type: none"> 1. Allow 0.8 gram protein per kilogram of ideal body weight. 2. Increase to 1.2 - 1.5 gm/kg for patients with depleted protein stores (decubitus, draining wounds, fractures, etc.). <p><u>Fluid Requirement</u></p> <p>Based on actual body weight:</p> <p>Over 55 years with no major cardiac or renal diseases: (NOTE: 2.2 lbs. equals 1 kg of body weight)</p>		