

LONG TERM CARE SURVEY

SURVEY AREA	OBSERVATION	INTERVIEWING	RECORD REVIEW	EVALUATION FACTORS	CROSS REFERENCE
<p>B. Therapeutic Diets</p> <p>F197 SNF 405.1125(c)</p> <p>F198 ICF 442.332(b)(1) (2)</p>	<p>System for the provision of diets:</p> <ul style="list-style-type: none"> <li>o Dietetic service Kardex or file</li> <li>o Therapeutic menus</li> <li>o Nourishment preparation and service</li> <li>o Adequacy of nourishment</li> <li>o Individual menus or diet cards</li> </ul> <p><b>SPECIAL FEEDINGS:</b>  <b>The surveyor should also attempt to observe that:</b></p> <ul style="list-style-type: none"> <li>o Staff use proper technique in administering feedings and medications. Check to see that staff checks for location of tube before feeding and that tubing is irrigated before and after addition of medication.</li> <li>o Unused milk-based tube feeding should be discarded in a timely manner</li> </ul>	<p>Ask Staff:</p> <ul style="list-style-type: none"> <li>o Number, type of therapeutic diets?</li> <li>o Time of nourishment activity, who's responsible?</li> <li>o Nourishment provided for day of survey?</li> </ul> <p><u>The surveyor should interview staff regarding their knowledge of the feeding schedule and training in administering tube feedings. Some residents having difficulty in speaking or swallowing with the tube in place (i.e., poor toleration). The surveyor should inquire if mouth feeding was attempted.</u></p> <p>Ask Resident:</p> <ol style="list-style-type: none"> <li>1. If the resident is able to be interviewed, suggested questions may be:             <ol style="list-style-type: none"> <li>1. How long have you been fed by this tube?</li> <li>2. When was the last time you tried to eat by mouth? What happened?</li> <li>3. How often do you receive the feeding? Is this consistent?</li> </ol> </li> </ol>	<p>Review:</p> <ul style="list-style-type: none"> <li>- Physician diet orders in medical record</li> <li>- Nurses' Kardex</li> <li>- Dietary Kardex</li> <li>- Therapeutic diet menu</li> <li>- Diet cards</li> </ul> <p>Note:</p> <ul style="list-style-type: none"> <li>- Consider appropriateness of special diet—updated and reviewed since admission.</li> <li>- Progress notes reflect reevaluation of resident's progress on diet.</li> </ul> <p>Selected number of residents on therapeutic diets should be considered for in-depth reviews.</p>	<p>On Pureed diets:</p> <ul style="list-style-type: none"> <li>o Ordered by physician</li> <li>o Prepared fresh daily</li> <li>o Same calories and/or food groups as if served whole.</li> </ul> <p>Pureed foods are coordinated with general/regular menu.</p> <p>On Tube Feeding:</p> <ul style="list-style-type: none"> <li>o Has the feeding been ordered by physician?</li> <li>o Is tube feeding nutritionally adequate?</li> <li>o Have attempts been made to progress tube feeding if indicated?</li> <li>o Have changes in resident condition been noted and addressed?</li> </ul>	<p>Nursing Services 405.1124            405.1124(c)            (d.) Patient care plan            (f.) Supervision of patient nutrition</p>
<p>F199</p> <p>1. Therapeutic diets are prescribed by the attending physician.</p> <p>F182</p> <p>2. Therapeutic menus are planned in writing, prepared, and served as ordered with supervision from the dietitian and advice from the attending physician whenever necessary.</p>					