$$a_z = \pm a_o \sqrt{1 + \left(5.3 - \frac{45}{L_o}\right)^2 \left(\frac{x}{L_o} + 0.05\right)^2 \left(\frac{0.6}{C_B}\right)^{3/2}}$$

(ii) Transverse acceleration under § 154.409(f)(2):

$$a_y = \pm a_o \sqrt{0.6 + 2.5\left(\frac{x}{L_o} + 0.05\right)^2 + K\left(1 + 0.6K\frac{z}{B}\right)^2}$$

(iii) Longitudinal acceleration under § 154.409(f)(3):

$$a_x = \pm a_o \sqrt{0.06 + A^2 - 0.25A}$$

where:

$$A = \left(0.7 - \frac{L_o}{1200} + 5\frac{z}{L_o}\right)\left(\frac{0.6}{C_B}\right)$$

L_o = the distance in meters on the estimated summer loadline, from the fore side of the stem to the after side of the rudder-post or sternpost; where there is no rudderpost or sternpost, L_o is to be measured to the centerline of the rudder stock, but in any case